BEST EVER NO-COOK PLAY DOUGH RECIPE

You need:

- 2 cups <u>plain flour</u> (all purpose)
- 2 tablespoons vegetable oil (baby oil and coconut oil work too)
- 1/2 cup <u>salt</u>
- 2 tablespoons <u>cream of tartar</u>
- 1 to 1.5 cups boiling water (adding in increments until it feels just right)
- gel food colouring (optional)
- few drops <u>glycerine</u> (my secret ingredient for stretch and shine!)

BEST EVER NO-COOK PLAY DOUGH RECIPE!

April 25, 2012 by Anna Ranson



How to make the best ever, no-cook <u>play dough recipe</u> in just 4 minutes, that will lasts for 6 months! Voted the number one play dough recipe by teachers, parents and child-carers for many years in a row! I hope you'll

love it too



I've been working with children for over 20 years and play dough is the fail safe way to engage and excite little hands and minds! It is a brilliant sensory and fine motor tool that is ridiculously easy to make and SO much better than any store bought versions.

By making it yourself you know exactly what has gone into it and can also customise it in so many ways, such as adding colour, sparkles and even natural flavours or essential oils. It has a proven therapeutic quality and has saved my parenting on more occasions than I can number! It is, quite simply, the best play material out there.

I hope you will love my easiest ever, no-cook play dough recipe!



The benefits of using play dough for young children are wonderful and the play possibilities are endless!

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[Amazon affiliate links to help you find the ingredients I recommend. Many of these are bulk size as it works out cheaper when making for classes or every month like we often do!]



Method:

- Mix the flour, salt, cream of tartar and oil in a large mixing bowl
- Add food colouring TO the boiling water then into the dry ingredients
- Stir continuously until it becomes a sticky, combined dough
- Add the glycerine (optional)
- Allow it to cool down then take it out of the bowl and knead it vigorously for a couple of minutes until all of the stickiness has gone. * This is the most important part of the process, so keep at it until it's the perfect consistency!*
- If it remains a little sticky then add a touch more flour until just right