## Year 1 Home Learning Grid – Week Commencing 1 February 2021

CHILDREN'S MENTAL HEALTH

WEEK

#### Science

Robbie needs a new dog bed. Miss Richards isn't sure what material/fabric would be best to use. What does a dog bed need to be like? e.g. soft, won't tear or break easily. Can you pick some different materials to test?

Write down your chosen material and explain your decision. We will share your ideas with Miss Richard's and Robbie.



### Maths

This week is all about word problems with addition and subtraction. Can you solve the word problem below?

Mrs Nickson had 20 books on her bookshelf. This week, she read 3 and gave them away. How many books were left on her shelf?

Can you use your toys to invent a word problem for your family to solve e.g. you could say I had 5 toys but then I got 4 more for my birthday — how many toys would that be altogether?

### English

As we are looking at poetry this week and next, can you have a go at writing a Haiku poem. A Haiku has 5 syllables in the first line, 7 in the second and 5 in the third. To remind you of what syllables are, here is a fun dance video you can join in with:

KS1 English: Syllables with Joe Tracini - BBC Teach

Here is my Haiku — I have highlighted the syllables:

Beautiful flowers
Smelling so sweet and so fresh
I love their colours

### Design Technology

## Preparing food

Can you help a grown-up to prepare a meal or snack?

You could:

- Peel the vegetables
- Grate some cheese / vegetables
- Use a knife safely to chop some vegetables
- Use a knife safely to chop some fruit



# Music - Recognising Pitch

This week we are thinking about pitch - how high / low sounds are. Here are some videos explaining this:

EYFS / KS1 Music: Understanding pitch - BBC Teach What is pitch? - BBC Bitesize

- Choose 5 items from around the house. Tap them with a spoon. Put them in order from highest sound to lowest sound.
- Listen to your favourite song and listen out for the higher and lower sounds.
- Can you perform a show for your family singing in a range of high and low pitch?

# Just for fun...

Why not create your own 'Worry Monster'? All you need is a cardboard box then decorate. This is a great way talk about our feelings and release any emotions. If you have a worry you can write it down, feed it to the monster and he will eat it – helping your worry to disappear! There are videos on YouTube of the story of the Worry Monster that you could also check out.



This week is 'Children's Mental Health Week'. Mental Health is all about keeping your mind healthy, just like we do the rest of our bodies. This year's theme is 'Express Yourself'.

## Watch this clip...

https://www.youtube.com/watch?app=desktop&v=rfbOkWFTRAw
Can you spot the different ways people are expressing
themselves?

Try this simple 'draw your feelings' activity by Place2Be's Art Room team. You will need some paper and something to draw with. Watch this for a demo: https://bit.lu/3iJCoMv



Useful Links: As this week is Children's Mental Health Week we have included some links relating to this: